CALCULATING BINDING STRIPS

| Type of Quilt | Max Quilt Dimensions | Number of Strips* | $\mathbf{2 " ~}^{\prime \prime}$ Strips $^{* *}$ | $\mathbf{2 . 5} \mathbf{" ~ S t r i p s ~}^{* *}$ |
| :--- | :---: | :---: | :---: | :---: |
| Stroller Blanket | $34 \times 42^{\prime \prime}$ | 4 | $1 / 2 \mathrm{yd}$ | $1 / 2 \mathrm{yd}$ |
| Receiving Blanket | $40 \times 40^{\prime \prime}$ | 5 | $1 / 2 \mathrm{yd}$ | $5 / 8 \mathrm{yd}$ |
| Preemie Quilt | $36 \times 36^{\prime \prime}$ | 4 | $1 / 2 \mathrm{yd}$ | $1 / 2 \mathrm{yd}$ |
| Square Baby Quilt | $45 \times 45^{\prime \prime}$ | 5 | $1 / 2 \mathrm{yd}$ | $5 / 8 \mathrm{yd}$ |
| Mini Crib Quilt | $32 \times 46^{\prime \prime}$ | 4 | $1 / 2 \mathrm{yd}$ | $1 / 2 \mathrm{yd}$ |
| Standard Crib Quilt | $40 \times 64^{\prime \prime}$ | 6 | $1 / 2 \mathrm{yd}$ | $1 / 2 \mathrm{yd}$ |
| Toddler Quilt | $46 \times 70$ | 6 | $1 / 2 \mathrm{yd}$ | $1 / 2 \mathrm{yd}$ |
| Wheelchair Quilt | $36 \times 48^{\prime \prime}$ | 5 | $1 / 2 \mathrm{yd}$ | $5 / 8 \mathrm{yd}$ |
| Chemo Quilt | $60 \times 72^{\prime \prime}$ | 7 | $5 / 8 \mathrm{yd}$ | $2 / 3 \mathrm{yd}$ |
| Hospice/Hospital | $56 \times 94^{\prime \prime}$ | 8 | $5 / 8 \mathrm{yd}$ | $3 / 4 \mathrm{yd}$ |
| Lap Quilt/Throw | $68 \times 78^{\prime \prime}$ | 8 | $5 / 8 \mathrm{yd}$ | $3 / 4 \mathrm{yd}$ |
| Twin | $79 \times 105^{\prime \prime}$ | 9 | $2 / 3 \mathrm{yd}$ | $7 / 8 \mathrm{yd}$ |
| Twin XL | $79 \times 110^{\prime \prime}$ | 10 | $3 / 4 \mathrm{yd}$ | $7 / 8 \mathrm{yd}$ |
| Double/Full | $94 \times 105^{\prime \prime}$ | 10 | $3 / 4 \mathrm{yd}$ | $7 / 8 \mathrm{yd}$ |
| Queen | $100 \times 110 "$ | 10 | $3 / 4 \mathrm{yd}$ | $7 / 8 \mathrm{yd}$ |
| King | $116 \times 110^{\prime \prime}$ | 11 | $7 / 8 \mathrm{yd}$ | 1 yd |
| California King | $112 \times 114^{\prime \prime}$ | 11 | $7 / 8 \mathrm{yd}$ | 1 yd |

*Calculations were based on fabric being 44 " wide. Formula is [ $2(1+w)+10+10] / 44$ if you need to recalculate based on a different sized WOF. Strips numbers include an extra 10" at the beginning and end of where you sew it onto the quilt.
**The chart below shows the number of strips that can be cut from an amount of yardage. The amount you purchase should be at least an additional 6" to allow for shrinkage and squaring up. The chart above reflects thost amounts. In some cases you can get away with a little bit less fabric. Formula is (\# strips) $\times($ strip width) +6 ", then round up to the next yardage cut.

|  | $1 / 4 \mathrm{Yd}$ | $1 / 3 \mathrm{Yd}$ | 3/8 Yd | 1/2 Yd | $5 / 8 \mathrm{Yd}$ | 2/3 Yd | 3/4 Yd | 7/8 Yd | 1 Yd |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Size of Strip | (9") | (12") | (13.5") | (18") | (22.5") | (24") | (27") | (31.5") | (36") |
| 2" | 4 | 6 | 6 | 9 | 11 | 12 | 13 | 15 | 18 |
| 2.5 " | 3 | 4 | 5 | 7 | 9 | 9 | 10 | 12 | 14 |

## EXAMPLE 1:

I want to make a throw quilt that measures 54 " $\times 62$ ". I like to use 2.5 " strips for binding. Using the formula above with $44^{\prime \prime}$ fabric: $[2(54+62)+10+10] / 44=5.72$ strips. I will need 15 " of fabric to cut 6 strips at $2.5^{\prime \prime}$ each. I add an extra 6" to the $15^{\prime \prime}$ for squaring up and shrinkage, so I need $21^{\prime \prime}$ total. Rounding up to the next yardage cut, I will purchase 5/8 yard.

EXAMPLE 2:
I want to make a throw quilt but do not have a pattern picked out yet to know the finished dimensions, I will purchase $3 / 4$ yard for the binding. (Use the chart here to help determine quilt sizes:
http://www.auntieemscrafts.com/printables/quilting-charts-measurements/).

